

Essential Oils

Origin and Latin name

ESSENTIAL OILS	PART OF PLANT	LATIN NAME	PLANT FAMILY	ORIGIN
Aniseed	Seed	<i>Pimpinella anisum</i>	Apiaceae	China/Vietnam
Basil	Leaf	<i>Ocimum basilicum</i>	Lamiaceae	France
Bergamot	Fruit	<i>Citrus bergamia</i>	Rutaceae	Italy
Black pepper	Berry	<i>Piper nigrum</i>	Piperaceae	East Indies
Cajuput	Leaf	<i>Melaleuca leucadendron</i>	Myrtaceae	Indonesia
Camphor	Wood	<i>Cinnamomum camphora</i>	Lauraceae	China
Caraway	Seed	<i>Carum carvi</i>	Apiaceae	Holland
Catnep	Leaf	<i>Nepeta cataria</i>	Lamiaceae	France
Cedarwood	Wood	<i>Cedrus atlantica</i>	Coniferae	Morocco
Chamomile German	Flower	<i>Chamomilla recutita</i>	Asteraceae	Hungary
Chamomile Morrocan	Flower	<i>Ormenis mixta</i>	Asteraceae	Morocco
Chamomile Roman	Flower	<i>Chamaemelum nobile</i>	Asteraceae	France
Cinnamon	Leaf/bark	<i>Cinnamomum zeylanicum</i>	Lauraceae	Sri Lanka
Clary	Flower top	<i>Salvia sclarea</i>	Lamiaceae	France
Clove	Bud	<i>Syzygium aromaticum</i>	Myrtaceae	Madagascar
Coriander	Seed	<i>Coriandrum sativum</i>	Apiaceae	France
Cypress	Twig/needle/cone	<i>Cupressus sempervirens</i>	Coniferae	France
Dill	Leaf/seed	<i>Anethum graveolens</i>	Apiaceae	France
Eucalyptus	Leaf	<i>Eucalyptus globulus</i>	Myrtaceae	Portugal
E. smithii	Leaf	<i>Eucalyptus smithii</i>	Myrtaceae	Australia
E. staigeriana	Leaf	<i>Eucalyptus staigeriana</i>	Myrtaceae	France
Fennel	Seed	<i>Foeniculum vulgare</i>	Apiaceae	Italy/France
Frankincense	Gum	<i>Boswellia carteri</i>	Burseraceae	East Africa
Geranium	Leaf	<i>Pelargonium graveolens</i>	Geraniaceae	Morocco/Reunion
Ginger	Root	<i>Zingiber officinale</i>	Zingiberaceae	India
Grapefruit	Peel	<i>Citrus paradisi</i>	Rutaceae	West Indies
Helichrysum	Flower	<i>Helichrysum angustifolium</i>	Asteraceae	
Hyssop	Leaf	<i>Hyssopus officinalis</i>	Lamiaceae	France
Juniper	Leaf/twig/berry	<i>Juniperus communis</i>	Coniferae	France
Juniper berry	Berry	<i>Juniperus communis</i>	Coniferae	France
Lavandin	Flower/leaf	<i>Lavandula x intermedia</i>	Lamiaceae	France
Lavender	Flower	<i>Lavandula angustifolia</i>	Lamiaceae	France
Lemon	Fruit	<i>Citrus limon</i>	Rutaceae	Sicily
Lemongrass	Grass	<i>Cymbopogon citratus</i>	Poaceae	India
Mandarin	Fruit	<i>Citrus reticulata</i>	Rutaceae	Sicily/Spain
Marjoram (sweet)	Leaf	<i>Origanum majorana</i>	Lamiaceae	France
Marjoram (Spanish)	Leaf	<i>Thymus mastichina</i>	Lamiaceae	Spain
Melissa	Leaf	<i>Melissa officinalis</i>	Lamiaceae	France
Myrrh	Gum	<i>Commiphora myrrha</i>	Burseraceae	Saudi Arabia/Africa



Essential Oils

Origin and Latin name

ESSENTIAL OILS	PART OF PLANT	LATIN NAME	PLANT FAMILY	ORIGIN
Neroli	Flower	<i>Citrus aurantium amara</i>	Rutaceae	Morocco/Tunisia
Niaouli	Leaf	<i>Melaleuca viridiflora</i>	Myrtaceae	New Caledonia
Nutmeg	Seed	<i>Myristica fragrans</i>	Myristicaceae	Sri Lanka
Orange (bitter)	Fruit/peel	<i>Citrus aurantium amara</i>	Rutaceae	Italy
Orange (sweet)	Fruit/peel	<i>Citrus aurantium sinensis</i>	Rutaceae	Italy
Essential oil	Obtained	Latin name	Family	Country of origin
Origanum	Flower top	<i>Origanum compactum</i>	Lamiaceae	France
Patchouli	Leaf	<i>Pogostemon patchouli</i>	Lamiaceae	Indonesia
Peppermint	Leaf	<i>Mentha x piperita</i>	Lamiaceae	France
Petitgrain	Leaf	<i>Citrus aurantium amara</i>	Rutaceae	Paraguay
Pine needle	Needle	<i>Pinus sylvestris</i>	Pinaceae	Austria
Ravensara	Leaf	<i>Ravensara aromatica</i>	Lauraceae	Madagascar/France
Rosemary	Leaf	<i>Rosmarinus officinalis</i>	Lamiaceae	France
Rose Otto	Flower	<i>Rosa centifolia</i>	Rosaceae	Bulgaria/Turkey
Rosewood	Wood	<i>Aniba rosaeodora</i>	Lauraceae	Brazil
Sage	Leaf	<i>Salvia officinalis</i>	Lamiaceae	France
Sandalwood	Wood	<i>Santalum album</i>	Santalaceae	India
Savory	Leaf	<i>Satureia montana</i>	Lamiaceae	France
Spikenard	Root	<i>Nardostachys jatamansi</i>	Valerianaceae	France
Tagetes	Flower	<i>Tagetes minuta</i>	Asteraceae	South Africa
Tea tree	Leaf	<i>Melaleuca alternifolia</i>	Myrtaceae	Australia
Thyme red	Leaf	<i>Thymus vulgaris</i>	Lamiaceae	France
Thyme sweet	Leaf	<i>Thymus vulgaris</i>	Lamiaceae	France
Verbena	Grass	<i>Lippia citriodora</i>	Verbenaceae	Italy/Spain
Vetiver	Root	<i>Vetiveria zizanioides</i>	Poaceae	Java
Yarrow	Flower/leaf	<i>Achillea millefolium</i>	Asteraceae	France
Ylang Ylang	Flower	<i>Cananga odorata</i>	Anonaceae	Reunion

ESSENTIAL OILS	PART OF PLANT	LATIN NAME	PLANT FAMILY	ORIGIN
Jasmine	Flower	<i>Jasminum grandiflorum</i>	Oleaceae	Morocco
Rose	Flower	<i>Rosa centifolia, R. damascena</i>	Rosaceae	Morocco

ESSENTIAL OILS	PART OF PLANT	LATIN NAME	PLANT FAMILY	ORIGIN
Benzoin	Gum	<i>Styrax benzoin</i>	Styracaceae	Sumatra



Frankincense and myrrh are also obtainable as resins, but the essential oils are best for aromatherapists.

